

ST ANDREW'S C.E. PRIMARY SCHOOL

SWIMMING POLICY AND GUIDELINES

At St Andrews every pupil has swimming lessons during Year 5. The class currently go to Uxbridge Pool for a weekly lesson of 30 minutes duration.

Teaching and Learning:

Through Swimming we aim to:

- Promote physical activity and a healthy lifestyle

The children will:

- Understand the dangers of water
- Be confident in the water.
- Be able to swim unaided, competently and safely for at least 25 metres.
- Understand the principles of water safety and survival.

Planning and Organisation:

- A register **must** be taken before the children leave the classroom. The office must have the numbers of children going swimming and names of those staying in school.
- The children are tested at the beginning of the year, by the pool instructors and placed in ability groups.
- They will be taught in at least 3 ability groups during the year, moving when ready.
- The pool supply 3 qualified instructors, supported by members of the school staff.
- Water safety and survival skills are taught, alongside the recognised strokes.
- There will always be at least 3 adults accompanying the group. This needs to consist, ideally, of at least one male and one female for changing room supervision.

Assessment of Pupils and Record Keeping:

- The children will be regularly tested (at least once a term) in the following levels. A record will be kept of the children's latest levels, and a certificate awarded when the level has been reached.

Safety:

- The children will be supervised at all times by the school adults.
- One adult will be non teaching in order to watch the children in the water.
- All adults should be familiar with the risk assessment and the emergency procedure documents from the pool management.
- Staff should be dressed in an appropriate fashion for teaching swimming and in accordance with the pool code.
- The teacher in charge should have undertaken the training provided by the LBH or hold an ASA or STA qualification.

Swimming clothing

- Hats should be worn by both girls and boys if they have long hair.
- Girls: One piece swimming costume.
- Boys: Swimming trunks **not** swimming shorts.

Extra Curricular:

- The school takes part in the annual district swimming gala.
- The school actively encourages and acknowledges pupils successes in outside swimming activities.

Staff roles and responsibilities:

- The Year Five teacher is responsible for the safety of the children during the swimming lesson, aided by the other adults and pool staff.

Monitoring and Evaluating:

- The Senior Management Team, alongside the PE co-ordinator, is responsible for monitoring and evaluating swimming within the school's monitoring and Health and Safety programmes.

Equal opportunities:

- Every child is entitled to the full range of activities and that these are relevant to all children irrespective to their gender, age, ethnic background or disability.

Staff development:

- The pool instructors are available to help staff with ideas for the planning of their teaching.
- At St Andrew's, we have a commitment to training both internally and externally. Courses are made available to all staff and are displayed in the staffroom. All staff going swimming undertake the borough training.

SWIMMING GUIDELINES

- A swimming register **must** be taken before the children leave the classroom. The office must have the numbers of children going swimming and names of those staying in school.

- The pool should also be made aware of the number of children for their own safety procedures.
- If a child hasn't got their swimming kit, they will need to stay in school with some very repetitive and boring work! Keeping a register will then highlight if certain children are regularly missing swimming – is there then a problem which can be sorted?
- The group will walk in a safe and orderly manner to the pool.
- Swimming trunks, not swimming shorts, should be worn by the boys.
- Hats should be worn by both girls and boys with long hair.
- The children will be supervised at all times by the school adults.
- One adult will be non teaching in order to watch the children in the water.
- All adults should be familiar with the risk assessment and the emergency procedure documents from the pool management.
- Staff should be dressed in an appropriate fashion for teaching swimming and in accordance with the pool code.