

COLHAM CATERING MENU AUTUMN TERM 2025

WEEK 1 1st,15th,29th Sept, 14th Oct, 3rd,17th Nov, 1st,15th Dec

MONDAY

Sausages & Mash **(H)** - GL
Vegetable Sausages & Mash **(V)(VV)**
Peas
Cheese & Crackers - GL, DA

MEATLESS TUESDAY

Salmon and Pea Pasta Bake - FI, GL, DA
Mac & Cheese **(V,VV)** - GL, DA
Green Beans
Peaches & Cream - DA

WEDNESDAY

Cajun Spiced Chicken Thigh & Rice **(H)**
Vegetables & Tomato sauce Swirls **(V)(VV)** - GL
Carrots
Fruity Yoghurt - DA

THURSDAY

Bolognese Pasta **(H)** - GL
Creamy Tomato Pasta **(V)(VV)** - GL
Garlic Bread - GL
Mixed Vegetables
Flapjack - GL

FRIDAY

Chicken Nuggets & Chips **(H)** - GL
Veggie Nuggets & Chips - GL
Baked Beans
Ice Cream - DA

Salad Bar,
Fresh Fruit and
White/Granary
Bread
Available Daily

Jacket Potatoes served daily with a
choice of:
-Baked Beans
-Cheese - DA
-Tuna Mayo - FI, EG

(H)- Halal option on the portal. **(V)** - suitable for vegetarian **(VV)** - suitable for vegans
Gluten Free provided for dietary requirements
Allergies key: Celery-CE / Gluten-GL / Crustacean-CR / Eggs-EG / Fish-FI / Lupin-LU/
Dairy-DA / Molluscs-MO / Mustard-MU / Nuts-NU / Peanuts-PE / Sesame Seeds-SE / Soya-SO / Sulphur-SU

All allergies are catered
for, please **inform**
Colham Catering of
any special **dietary**
requirements.

WEEK 2 8th,22nd Sept, 6th,20th Oct, 10th,24th Nov, 8th Dec

MONDAY

Chicken Tikka Masala & Rice **(H)** - DA
Homemade Chickpea & Potatoes Curry & Rice **(V,VV)**
Peas
Peaches & Cream - DA

MEATLESS TUESDAY

Vegetarian Cheese & Tomato Pizza **(V)** - GL, DA
Vegan Pizza **(VV)**
Seasoned potato wedges
Sweetcorn
Vegan Jelly **(VV)**

WEDNESDAY

Seasoned Roast Chicken & Roast Potatoes **(H)**
Cheese & Tomato Quiche **(V)** - GL, EG, DA
Broccoli
Fruity Yoghurt - DA

THURSDAY

Pork Meatballs in Tomato Sauce - GL, EG
Chicken Meatballs in Tomato Sauce **(H)** - GL, CE, SO
Veggie Balls in Tomato Sauce **(V)(VV)**
Pasta - GL
Carrots
Jam & Coconut Cake - GL, EG

FRIDAY

Fish Fingers & Chips - FI, GL
Vegetable Samosa & Chips **(V)(VV)** - GL
Baked Beans
Ice Cream - DA

